

We welcome you to join

# Family Matters Group



A **FREE** group where you can get support from other families and a Cyrenian House counsellor if you are worried about alcohol and other drug use in your family.

**WHEN** EVERY MONDAY  
7:00 - 8:30PM

**WHERE** 318 FITZGERALD  
STREET, PERTH

**HOW** P: 9328 9200 FOR  
FURTHER INFORMATION

The group offers an opportunity to:



**Talk** about what's going on for you



**Get information** on alcohol & other drugs and their effects



**Learn** new coping skills



**Learn** different communication strategies that may help you to better support your family member



**Connect** with others who are in a similar situation by listening to their stories and by sharing what you've learnt along the way

318 Fitzgerald Street, Perth, 6000

P: 9328 9200 E: [enquiry@cyrenianhouse.com](mailto:enquiry@cyrenianhouse.com)

Healthy, inclusive and harm-free communities